



HEALTHY SCHOOLS POLICY

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It was ratified by the Board of Directors on :	23 March 2009
This policy will be reviewed in:	Spring Term 2012
This policy will be reviewed by:	Curriculum, Student Affairs and Parental Engagement Committee

HEALTHY SCHOOLS POLICY

A. Introduction

'A healthy school is one that is successful in helping pupils to do their best and build on their achievements. It is committed to ongoing improvement and development. It promotes physical and emotional health by providing accessible and relevant information and equipping pupils with the skills and attitudes to make informed decisions about their health. A healthy school understands the importance of investing in health to assist in the process of raising levels of pupil achievement and improving standards. It also recognises the need to provide both a physical and social environment that is conducive to learning. '

B. Rationale

The Academy has recently been through the accreditation process for Healthy Schools Programme and gained Healthy Schools status on November 13th 2008

We are committed to the principals behind the programme and promote the four areas within the initiative to everyday life at the Academy.

C. The Core Themes

The four core themes are:

- Personal, Social and Health Education(PSHE), including SRE and drugs education.
- Healthy Eating
- Physical Activity
- Emotional Health and Wellbeing, including bullying

The themes relate to both school curriculum and the emotional and physical learning environment in school. Each theme includes a number of criteria that the Academy needed to fulfil in order to achieve National Healthy School Status. Although each theme covers a different area, they are all delivered using a whole school approach so the basic requirements are the same.

The Healthy School Policy links in with the following policies which can be found on the VLE:

- Sex and Relationships Education (SRE) Policy
- Inclusion Policy
- Anti-bullying Policy

D. Quality Assurance

Throughout the year the Academy undertakes faculty reviews which include not only teaching and learning but the emotional health and well being of the students.

Catering staff ensure that food served to members of the Academy meet the required standards set by outside agencies. With our new cashless vending parent/carers will be able to monitor the food purchased by their children.